

# **Presenting to a Live Audience**

#### **Know Your Material**

- Prepare Thoroughly: Understand your topic inside and out. Anticipate questions and be reading with answers.
- Practice Your Speech: Rehearse your presentation multiple times to gain fluency and confidence.

#### **Connect with Your Audience**

- Engage from the Start: Begin with an interesting fact, story question to grab attention.
- Eye Contact: Make eye contact with different parts of the audience throughout the speech to create a personal connection.
- Read the Room: Be responsive to the audience's reactions. Adjust your delivery based on their engagement and feedback.

### **Master Your Delivery**

- Use Clear and Expressive Speech: Speak clearly, at a moderate pace, and use vocal variety to keep your audience engaged.
- Body Language: Use gestures, facial expressions, and movement to complement your message.
- Breathe: Practice breathing techniques to help control nerves and ensure your voice is strong and steady.

#### **Utilize Visual Aids Effectively**

- Support Your Points: Use slides, videos, or props to reinforce you message, not overshadow it.
- Keep it Simple: Avoid cluttered slides; use images and bullet-points to make key points stand out.



## Manage your nerves

- Prepare for the Unexpected: Have a plan for dealing with expected issues, like technical difficulties or tough questions.
- Focus on the Message, Not Yourself: Concentrate on delivering value to your audience, rather than how you're being perceived.
- Positive Visualization: Imagine a successful presentation to boost your confidence.

#### **Interact with Your Audience**

- Encourage Questions: Allow time for Q&A to clarify points and engage directly with the audience.
- Use Humor Wisely: Appropriately time humor can lighten the mood and make your presentation more memorable.

## **Reflect and Improve**

- Seek Constructive Feedback: Ask for feedback from trusted colleagues or audience members to identify areas for improvement.
- Reflect on Your Performance: Consider what went well and what could be improved for next time.